

PRESIDENT'S LETTER

Hello Veritas Members!

Where did the summer go? It seems like yesterday I was writing my letter for the Spring Catalog and now it is time for the Fall term. The Fall schedule looks fabulous! We have six new (or returning after a long hiatus) presenters bringing their talents to Veritas, and our returning presenters continue with wonderful topics we look forward to each term! It looks to be a great catalog.

Our Summer program had a twist this year, taking a "hands-on" approach. June was filled with in-person field trip opportunities: Exploring Southern Indiana, Hidden Gems of Louisville, and Community Service Organizations. July included virtual field trips with NASA, Crystal Bridges, and the Cleveland Art Museum, among others.

In July, six Veritas Board Members attended the Southern Regional Conference for Learning in Retirement at the University of Kentucky in Lexington. It was a wonderful two-and-a-half-day event with lifelong learning "societies" like Veritas from all over the South coming together to share experiences and community. The sessions presented were remarkably interesting, but we all agreed that chatting with members from other organizations like ours was the most beneficial. You can read more about the conference in the Fall edition of the Veritas Voice!

I must tip my hat to a few people. First is Abigail Walsh, Director of the Center for Community & Professional Education and our Veritas Society Liaison. I do not know what we (I) would do without her. Not only does she organize and keep Veritas on an even keel (including worrying about getting our enrollment to four hundred), but she also just managed 100+ summer camps with over 1,400 campers on Bellarmine's campus. Second is Jonathan Smith, our newsletter chair. Jonathan has done an exceptional job maintaining the Veritas Voice and is very convincing in getting members to write articles! It is almost as if he is a clone of the previous longtime editor, Leslie Ellis. We are hopeful that we can begin a little competition for newsletters with other LLIs across the country (as we would surely win). The last person is Judith Skretny, our curriculum Chair. Judith works tirelessly to make sure we have presenters and topics in every slot on our schedule. She is always looking for new talent, while also staying in contact with our frequent favorites! Of course, there are others that are working hard to make Veritas succesful and I thank them for making my job just a little less stressful.

Hope to see you in class whether it be on Zoom or on campus.

Dennis R. Wiseman President, Veritas Society dennis.sinnedagain@yahoo.com

Veritas Society Board of Directors

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Contact Information

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About Us

Who We Are

Since 1995, Veritas has offered the preeminent learning experience to people over 50 in the Louisville area. Our mission is to keep our minds active, open, and growing with the goals of:

- Understanding our history and cultural heritage
- Staying informed about what is happening around us
- Recognizing changes in the world & finding our place in it

We are retired or semi-retired people: doctors, educators, homemakers, office workers, administrators, artists, laborers, and executives. We are governed by a Board of Directors elected by the membership.

What We Do

We are an active, participatory group that devises and develops its own programs, enlisting the best of regional talent

We offer a six-week program each fall and spring, and a shortened three-week summer term in July.

Registration and Fees

Registration is **ONLINE** only. (See instructions on page 4).

- Fall or Spring term membership fee \$50
- Per course fee \$30
- Summer term membership fee \$10
- Summer per course fee \$5

Membership Benefits

- Register for classes of interest. No prerequisites, tests, or grades
- Access to activities year-round including lectures, winter activities, virtual and in-person field trips, and social events such as the Holiday Lunch and the Spring Celebration
- Free parking on campus
- Full use of Bellarmine library
- Access to Bellarmine's SuRF (Sport, Recreation and Fitness) Center
- 15% discount on select Continuing Education courses
- Bellarmine Veritas Student ID card
- Discounts at local community partners

Check out our Membership Handbook (emailed to all members & on the Veritas Website) for full details about membership benefits.

Ways to Get Involved

- Teach a course or lead a discussion group
- Serve as a Production Team member
- Recruit new Veritas Presenters
- Help with mailings
- Welcome new members
- · Join a committee

Find out HOW at www.bellarmine.edu/ce/veritas/getinvolved

Veritas Scholarships Available

The Veritas Society recognizes that its members are in a unique time of their lives when medical expenses, being on a fixed income, caregiving for loved ones, or other unforeseen events can create a financial burden even for those who have planned well. The Veritas By-Laws state that "the Society strives to provide opportunities for intellectual growth, cultural enrichment, and lasting fellowship" for its members. Undue financial burden should not be an impediment to this goal.

The Veritas Society offers a limited number of scholarships to members each term. A scholarship covers the cost of the membership fee and one class fee. Scholarships are open to current and prospective members. Members may reapply each term, but are not guaranteed a scholarship each time.

To apply for a Veritas Scholarship, email veritas@bellarmine.edu and the application form will be sent to you. Applications are due before September 10th.

Online Registration & Fees



STEPS TO REGISTER

Registration opens at 9:00 a.m. on Wednesday, September 11th

1. Go to www.bellarmine.edu/ce/veritas and click on "ENROLL NOW." If you have a Bellarmine Login, press "One Login" and enter the credentials you have received. If you do not have a Bellarmine Login, press "Continue as a guest."

2. Click on the "VERITAS" tab.

- You will automatically be charged the \$50 membership fee when you choose your courses. If you do not want to take courses, but want to maintain your membership, choose the 1st category — "Membership Only."
- Courses will be listed by category. Click on the category to find your course. Add the courses you want to your cart by clicking "Add to Cart" UNDER the "seat count" for that course.
- NOTE: The hybrid classes will have two options In-person or Zoom. Please carefully select the option you prefer, so that we can place you in the correct option and keep counts accurate.
- When you put a course in your cart, one of the remaining spots is reserved for you. (If you do not complete the payment process with in 45 minutes, your registration will be automatically canceled.)
- Before proceeding to "payment," double-check that you've selected the courses/programs you actually want. You can look at the items in your shopping cart at any time by clicking "My Cart."
- If you logged in with your credentials, you will not be prompted to enter your personal information, as it is stored in the registration system. If you pressed "register as a guest," you will be prompted to enter your personal information.

3. Payment

- Click "My Cart" to proceed to the "Payment" page. After reviewing your course selections, click the "Check out" button to be sent to the CashNet payment system to complete your purchase.
- Payment can be made with e-Check (no fee, use account and routing numbers on your personal check) or VISA, MasterCard, Discover or American Express (2.75% non-refundable convenience fee). If paying by credit card, please click the button to acknowledge the service charge.
- Before submitting payment, look at the email address in the box. If it is not your "preferred" email, change it.
- You will receive a payment confirmation via email.
- **4.** To register another person, click on the name in the top right corner, then click "sign out." Enter the next person's credentials.

Risk & Consent Form & Code of Conduct

You will notice when registration opens that a Risk & Consent form and Veritas Member Code of Conduct has been added to the registration process.

The Veritas Office, in conjunction with Bellarmine University, wants to be overly prepared to assist our members in case of an emergency. By filling out the form, we are better informed of who to call, what to be aware of, and how to respond in preparation for any situations that may arise.

Daily Schedule at a Glance

MONDAY

20 Historic Lighthouses of the U.S. Coastline • Wiseman • ZOOM • 10:00 – 11:15 a.m.

New Amsterdam, Before It Became New York • Spalding • ZOOM • 11:30 a.m. – 12:45 p.m.

Chautauqua Lectures 2024: Evolution of the Modern Presidency • Cherry • ZOOM • 3:00 – 4:15 p.m.

U.S. Supreme Court 2023 - 2024 • Williams • ZOOM • 4:30 – 5:45 p.m.

The Changing Landscape of College Basketball: NIL, the Portal, & More • Tiell • ZOOM • 6:00 – 7:15 p.m.

TUESDAY

Active Knights Exercise • Various • IN-PERSON • 10:00 – 11:15 a.m.

The Old Man and the Sea, & Short Stories by Hemingway • Chafin • IN-PERSON • 10:00 – 11:15 a.m.

Faith, Reason, and Science: Pointing to God • Kennedy • IN-PERSON • 11:30 a.m. – 12:45 p.m.

Listening to Lincoln • Whitfield • IN-PERSON • 3:00 – 4:15 p.m.

The Most Segregated Hour • Simpson • IN-PERSON • 4:30 – 5:45 p.m.

Scotch, Irish, and World Whiskies • Bahr • IN-PERSON • 6:00 – 7:15 p.m.

WEDNESDAY

Impact of Hearing Loss • Various • IN-PERSON • 10:00 – 11:15 a.m. • 3 week course Nutrition and Cognition • Schorin • IN-PERSON • 10:00 – 11:15 a.m. • 3 week course Touring Louisville's Olmsted Parks • Davis • IN-PERSON • 10:00 – 11:15 a.m. A Brief History of Feminism • Regnier • IN-PERSON • 11:30 a.m. – 12:45 p.m. Greatest Comedy Movie Teams 1920-2000 • Schmall • HYBRID • 3:00 – 4:15 p.m. Art and War • Meckler • HYBRID • 4:30 – 5:45 p.m. Louisville: A Century Ago • Irving • HYBRID • 6:00 – 7:15 p.m.

THURSDAY

Physical Therapy's Impact on Health • Various • IN-PERSON • 10:00 – 11:15 a.m. • 3 week course Practical Self-Defense • Gitschier • IN-PERSON • 10:00 – 11:15 a.m. • 3 week course The Age of Revolutions, by Fareed Zakaria • Schorin • IN-PERSON • 10:00 – 11:15 a.m.

Tennessee Williams: An American Treasure • Panzera • IN-PERSON • 11:30 a.m. – 12:45 p.m.

Fictional Detectives from Mystery and Suspense Literature • Yates • HYBRID • 3:00 – 4:15 p.m.

Great American Songbook 1946-Onwards • Marple • HYBRID • 4:30 – 5:45 p.m.

KY During the Civil War • Asher • IN-PERSON • 6:00 – 7:15 p.m.

FRIDAY

Lunch & Learn • Various Speakers • IN-PERSON • 10:30 – 11:30 a.m. followed by lunch. Fridays at the Movies • Cherry • ZOOM • 1:30 – 3:30 p.m.

Inner Life

FAITH, REASON, AND SCIENCE: POINTING TO GOD

Explore the connection between faith, reason, and science, with the argument that these are compatible and complementary ways of discovering the same truth. We will examine the classical arguments for the existence of God and their criticisms. We will also consider some of the objections raised by nonbelievers which try to show that a belief in God is irrational. Finally, we will combat the claim made by the "New Atheists" that faith and science are incompatible with the argument that recent advances in science actually strengthen the case for belief in God.

PRESENTER: Tom Kennedy has been a philosophy instructor for over 20 years, teaching at Indiana University Southeast, Spalding University, and Bellarmine University. He is recently retired and is a parishioner at St. John Paul II Catholic Church.

CATEGORY: Inner Life COURSE # CEVE 001-01 FORMAT: IN-PERSON

LOCATION: Flashcube- Central Bank MEETS: 6 Tuesdays / 11:30 a.m. - 12:45 p.m.

October 1 - November 5

Class Formats & Locations

This Fall we are once again offering a variety of class delivery options: Zoom, In-Person, and Hybrid. Under each description, look for the word **FORMAT** to know how the class will be offered. Some of our In-Person and Hybrid courses will also be offered at off-campus locations. Read below to find out more information about each format.

Zoom courses: If you register for a Zoom course, the Zoom link will be emailed to you one week before the class begins. In the email with the link, you will also be sent some tips and tricks for using Zoom.

In-Person courses: If you register for an all In-Person course, the course information including location details will be sent to you a week before the course. See below for class location details.

Hybrid Courses: Hybrid courses will have two options for enrollment: In-class or Zoom. Carefully choose your option on the registration page — both options will be listed as separate classes. In-class students will also receive the Zoom link in case they need to attend virtually at some point.

Locations:

BU Campus - 2001 Newburg Road, Louisville, KY 40205

Flashcube Building - Central Bank Community Room, 9300 Shelbville Road, Louisville, KY 40222 Specific classroom and parking information will be sent in class confirmation email the week before class. All off-campus locations have ample parking and accessibility.

Literature

THE OLD MAN AND THE SEA & A FEW SHORT STORIES BY ERNEST HEMINGWAY

It is difficult to overestimate the influence of Hemingway on modern prose. It is said that half the writers in English try to write like Hemingway, and the other half try not to.

This discussion course will read and explore Hemingway's Pulitzer Prize-winning novella *The Old Man and the Sea*—the only work mentioned by name when the Swedish Academy awarded Hemingway the Nobel Prize for Literature. We will see how a simple fisherman's daily quest becomes an epic struggle such as any of us may find within ourselves. If you read this book in school, this encounter will be an entirely new experience, not because the words have changed, but because of your life experiences. We will also read and discuss as many short stories by Hemingway as time allows.

REQUIRED READING: The Old Man and the Sea, and any edition of The Complete Short Stories of Ernest Hemingway

ASSIGNMENT FOR FIRST CLASS: Part 1

DISCUSSION LEADER: Barry Chafin, parascholar & autodidact, is a Veritas Society Lifetime member and a frequent presenter. Barry has been a Veritas member since 2005.

CATEGORY: Literature COURSE # CEVE 002-01 FORMAT: IN-PERSON

LOCATION: Flashcube - Central Bank MEETS: 6 Tuesdays / 10:00 - 11:15 a.m.

October 1 - November 5

THE AGE OF REVOLUTIONS: PROGRESS AND BACKLASH FROM 1600 TO THE PRESENT BY FAREED ZAKARIA

In his latest book, Fareed Zakaria, noted American journalist, political commentator, and author, confines his exploration of revolutions primarily to those of Britain, the United States, and France (with a glance at Holland). He suggests there is a master narrative at work in these revolutions that sheds light on revolutions elsewhere. This course is designed for those who can commit to reading about 50 pages a week and who enjoy exploring life's 'big issues' through discussion.

REQUIRED READING: The Age of Revolutions by Fareed Zakaria (W.W. Norton & Co., 2024)

Note: Carmichael's offers a 20% discount on the book when you tell them it is for the Veritas Book Group.

ASSIGNMENT FOR FIRST CLASS: Intro and Chapter 1

DISCUSSION LEADER: Marilyn Schorin, Ph.D., is a Veritas Lifetime Member, a member of the Veritas Board of Directors, and frequent presenter. She has a PhD in nutritional biochemistry from Columbia University and has been a Veritas member since 2007.

CATEGORY: Literature COURSE # CEVE 002-02 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 5 Thursdays / 10:00 - 11:15 a.m.

October 10 - November 7

Note: This class will begin one week late

TENNESSEE WILLIAMS: AN AMERICAN TREASURE

Join us for an in-depth look into the life and works of American treasure Tennessee Williams. The first two classes will cover his life. The last four will delve into *Cat on a Hot Tin Roof*, *The Glass Menagerie*, and *A Streetcar Named Desire*, along with some of his other works.

REQUIRED READING: Cat on a Hot Tin Roof, The Glass Menagerie, and A Streetcar Named Desire (any edition)

ASSIGNMENT: Read The Glass Menagerie by the third class

DISCUSSION LEADER: Anna Marie (Panzi) Panzera, M.A., taught high school for 35 years. Panzi is a frequent presenter, has served on the Veritas Board of Directors, and has been a Veritas member since 2009.

CATEGORY: Literature COURSE # CEVE 002-03 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Thursdays / 11:30 a.m. - 12:45 p.m.

October 3 - November 7

Literature

A FEW OF MY FAVORITE FICTIONAL DETECTIVES FROM MYSTERY AND SUSPENSE LITERATURE

The fictional detectives presented in this course are a diverse and entertaining group of hard-boiled, procedural, amateur, humorous, and unique personalities. Each of the six classes will cover a different genre of detective. For example: THE CLASSICS: Auguste Dupin (Poe) and Inspector Maigret (Simenon); DYNAMIC DUOS: Lincoln Rhyme and Ameila Sachs (Dever); HUMOROUS: Agatha Raisin (M. C. Beaton) and Gladdy Gold (Lakin); etc. Whether these detectives are brand new to you or already familiar, you are sure to learn new tidbits about their personalities and their methods. Video clips and literary excerpts will be used in many of our discussions. Remember, the ultimate goal for any mystery or suspense detective is to discover... WHODUNIT!!

DISCUSSION LEADER: Rocky L. Yates, B.A. and M.A. in French and Education from Western Kentucky University, is a retired JCPS teacher. Rocky holds his Rank I from the University of Louisville. He has been a member of Veritas since 2011 and is a past class presenter.

CATEGORY: Literature

COURSE # CEVE 002-04 & ON4

FORMAT: HYBRID LOCATION: BU Campus

MEETS: 6 Thursdays / 3:00 - 4:15 pm

October 3 - November 7



LISTENING TO LINCOLN: A CLOSE READING AND DISCUSSION OF SIX SIGNIFICANT SPEECHES

In 1787, Alexander Hamilton posed the fundamental question concerning the test of the newly adopted Constitution: "whether societies of men are really capable or not of establishing good government from reflection and choice, or whether they are forever destined to depend for their political constitution on accident and force."

Abraham Lincoln's political career in the years preceding and during the American Civil War is dominated by responses to Hamilton's question. Amid fractious partisan politics, Lincoln's speeches address both the immediate concerns of the occasions on which they were delivered, while at the same time exploring universal questions regarding the founding principles of the Declaration of Independence and the U.S. Constitution.

In this course, we will read six of Lincoln's most significant speeches and discuss what they can teach us about our burdens and responsibilities as participants in the ongoing American experiment in self-government.

REQUIRED READING: The Lyceum Address (1838), Speech Accepting the Republican Senatorial Nomination (1858), The Cooper Union Address (1860), The First Inaugural Address (1861), The Gettysburg Address (1863), The Declaration of Independence (1776), The Preamble to the U.S. Constitution (1787), The Second Inaugural Address (1865). All are relatively short and can be found online free of charge

President of the Great Books Foundation in Chicago, where he directed adult education discussion programs and trained discussion leaders. A graduate of St. John's College, he has conducted courses at the Osher Lifelong Learning Institute of Northwestern University and the Newberry Library.

CATEGORY: Literature COURSE # CEVE 002-05 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Tuesdays / 3:00 -4:15 p.m.

October 1 - November 5

The World

SCOTCH, IRISH AND WORLD WHISKIES

Whiskey or Whisky? Whiskeys or Whiskies? Two different spellings or two seperate spirits? By exploring these world whiskies, we will discuss grains used in production, different stills, the distillation process, casking, and aging. We will cover the different regions of Scotland and other countries, and the general characteristics of each region in relation to the types of scotch native to that area.

PRESENTER: Jim Bahr has been tasting, collecting, and researching whiskies for 40 years. Jim joined Veritas in 2021.

CATEGORY: The World COURSE # CEVE 003-01 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 5 Tuesdays / 6:00 - 7:15 p.m.

October 1 - October 29

A BRIEF HISTORY OF FEMINISM

Feminism has a history as old as time. We'll take a chronological look at feminism from ancient China and Greece through the present. It is a many-faceted and layered history, and we'll dip into both the commonly known and the unusual stories behind its history.

PRESENTER: Adrienne Regnier was the Head of the Philosophy Department at JCTC for 20 years. Adrienne has been a Veritas member since 2022.

CATEGORY: The World COURSE # CEVE 003-02 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Wednesdays / 11:30 a.m. - 12:45 p.m.

October 2 - November 6

Arts & Entertainment

THE CHANGING LANDSCAPE OF COLLEGE BASKETBALL: NIL, THE PORTAL, AND MUCH MORE

In just the past few years, college basketball has undergone dramatic changes, the NIL and transfer portal being simply two examples. These changes are impacting college basketball programs, student athletes, coaches, donors, fan bases, traditional rivalries, program performance, financial stability, and ultimately the larger community culture. Our main learning objective is to examine the various factors and forces that are currently impacting college basketball and their implications moving forward.

Suggested readings will be provided along the way, combined with various handouts linked to topics being covered.

PRESENTER: Robert "Bob" Tiell has a wealth of experience in the behavioral sciences field and has assisted many clients over the years on a variety of work and life transitions. Bob, who has also served as an adjunct professor, joined Veritas in 2020.

CATEGORY: Arts & Entertainment COURSE # CEVE 004-ON1

FORMAT: ZOOM

MEETS: 6 Mondays / 6:00 - 7:15 p.m.

September 30 - November 4

Arts & Entertainment

GREATEST COMEDY MOVIE TEAMS1920-2000

Dive into the world of timeless humor with this course exploring the comedy masterpieces of the Marx Brothers, The Ritz Brothers, Our Gang, The Three Stooges, the Muppets, and Monty Python. This course will take you on a laughter-filled journey through the evolution of comedy in film, highlighting the unique styles and cultural impact of each group. Through screenings and anecdotal lectures, participants will gain an appreciation for the comedic techniques and historical contexts that have made these films enduring classics. Stir your memories of any/all of these comedy performers!

PRESENTER: Eric Schmall's career path focused on management, consulting, and education, teaching in the Indiana University's MBA program and Bellarmine University's nonprofit certification program. Eric has also been a lifelong movie/TV addict and fan of American comedy in general. Eric joined Veritas in 2018 and has been a frequent presenter ever since.

CATEGORY: Arts & Entertainment COURSE # CEVE 004-03 & ON3 FORMAT: HYBRID

LOCATION: BU CAMPUS

MEETS: 6 Wednesdays / 3:00 - 4:15 p.m.

October 2 - November 6

ART AND WAR: IN THE BEST OF TIMES AND THE WORST OF TIMES, THE HUMAN SPIRIT PRODUCES ART

Art and war have existed since the dawn of history. We often concentrate on the art of man's better nature. This class will take a look at the darker side.

PRESENTER: Lynn Meckler, M.A., is a retired art historian who taught undergraduate classes at the University of Louisville and Bellarmine University for over 20 years. Lynn is a longtime Veritas presenter and Veritas Lifetime Member.

CATEGORY: Arts & Entertainment COURSE # CEVE 004 04 & ON4

FORMAT: HYBRID LOCATION: BU CAMPUS

MEETS: 6 Wednesdays / 4:30 - 5:45 p.m.

October 2 - November 6

Arts & Entertainment

GREAT AMERICAN SONGBOOK 1946-ONWARDS

The Great American Songbook is the loosely defined canon of significant 20th-century American jazz standards, popular songs, and show tunes from 1911 onwards. Join us as we see and hear the tunes chosen after WWII, discussing who made the best recordings and maybe some who didn't. For many of us, this class will be a trip down memory lane. Come see if your favorites made the cut!

PRESENTER: Mike Marple, B.A. and M.A., Western Kentucky University, is a lover of films, musicals, and anything on a stage. He is a Veritas Society Lifetime member, frequent presenter, and has been a Veritas member since 2008.

CATEGORY: Arts & Entertainment COURSE # CEVE 004 - 05 & ON5

FORMAT: HYBRID LOCATION: BU CAMPUS

MEETS: 6 Thursdays / 4:30 - 5:45 p.m.

October 3 - November 7

FRIDAY AFTERNOONS AT THE MOVIES: FILMS OF COURAGE, DETERMINATION, AND SUSPENSE

Our first two films demonstrate Courage, the second two Determination, and the last two films Suspense.

THE LITTLE RIDERS, starring legendary Paul Scofield, is based on a true story during WWII in Holland. (2014, 97 minutes)

TILL is the story of Emmett Till who, in 1955, was lynched while visiting his cousins in Mississippi. (2023, 130 minutes)

GIFTED is the story of a six-year-old child math prodigy and the fight between an overbearing grandmother and an uncle over custody when the mother commits suicide. (2017, 129 minutes)

THE TERMINAL is a comedy about a man without a country inside JFK airport during his country's coup. (2015, 129 minutes)

BREACH is a story of the greatest security breach in U.S. intelligence history. (2007, 110 minutes)

FLIGHT PLAN, starring Jodie Foster, is a thriller in which a child disappears midway through a flight from Berlin to America. (2005, 94 minutes)

PRESENTER: Sandra Cherry has taught over 30 courses for Veritas since 2008 and is a Betts Meehan Lifetime Member. She holds an M.A. and a Rank I in teaching from UK, and a B.A. from the University of MD with majors in Theatre and Math. Sandra serves on the Veritas Board of Directors.

CATEGORY: Arts & Entertainment

COURSE # CEVE 004-ON6

FORMAT: ZOOM

MEETS: 6 Fridays / 1:30 - 3:30 p.m.

October 4 - November 8

Americana

20 HISTORIC LIGHTHOUSES OF THE U.S. COASTLINE AS CHOSEN BY TRAVEL LENS

Using the selection of historic lighthouses compiled by Travel Lens, we will travel the East and Gulf Coasts from Maine to Texas, pick up again in California, travel up the West Coast to Alaska and finish our journey in Hawaii. Along the way we will visit the 20 lighthouses chosen as historic lighthouses for this book. We will explore the history of lighthouses, why their locations were important, and how they worked then and now. We will also delve into the maintenance of these historic places.

Presenter: Dennis Wiseman, M.Ed., University of Louisville, retired JCPS teacher, serves as President of the Veritas Board of Directors. He also serves on the Production/A-V Team and is a Veritas Lifetime member,. Dennis has been a Veritas member since 2013.

CATEGORY: Americana COURSE # CEVE 005 - ON1 **FORMAT: ZOOM**

MEETS: 6 Mondays / 10:00 - 11:15 a.m.

September 30 - November 4

NEW AMSTERDAM, BEFORE IT BECAME NEW YORK

We will cover New Amsterdam's (and New Netherlands') contributions to this country, as well as the short-sightedness in its treatments of the Lenape natives and allowance of slavery.

Suggested is the book "The Island at the Center of the World," by Russell Shorto, as well as the essays "As New York Turns 400, We Can Reflect on a Mixed Legacy," by Russell Shorto (New York Times, 4/28/24) and "New Amsterdam Seen Through Indigenous Eyes," by Nina Siegal (New York Times, 5/28/24). Registrants can enjoy the course just through lecture/discussions without reading the book.

Presenter: J. B. (Bud) Spalding, Ph.D., Professor Emeritus at Bellarmine University, is a Veritas Society Lifetime member and frequent presenter. Bud joined Veritas in 2001 and is Secretary of the Veritas Board of Directors.

CATEGORY: Americana COURSE # CEVE 005 - ON2 **FORMAT: ZOOM**

MEETS: 6 Mondays / 11:30 a.m. - 12:45 p.m.

September 30 - November 4

CHAUTAUQUA LECTURES 2024: THE EVOLUTION OF THE MODERN PRESIDENCY

Like the world around it, the United States has undergone profound transformation since its founding. Has the office of the American Presidency been similarly transformed since its conception in 1789? Is there too much power in the Executive Branch of government? Join Sandra Cherry as she shares the lectures she attended in June at the CHQ assembly.

Week 1: Jon Meacham, (Presidential historian) -"Evolution of the Presidency"

Week 2: Elizabeth Goitein, (Brennan Center of Justice) - "Presidential Emergency Powers and the Threat to Democracy"

Week 3: Andrew H. Card, Jr. (Chief of Staff/ Bush) -"Changes Observed in the Presidency During My Lifetime"

Week 4: Melody Barnes (Institute of Democracy) -"The American Presidency and Its Great Expectation"

Week 5: David French (NYT opinion columnist) - "The Power of the Presidency"

Week 6: Fr. Greg Boyle, S.J. (Founder of Homeboys Industries) - "Narrowness is the Way" and "So Gathered"

PRESENTER: Sandra Cherry has taught over 30 courses for Veritas since 2008 and is a Betts Meehan. Lifetime Member. She holds an M.A. and a Rank I in teaching from UK and a B.A. from the University of MD with majors in Theatre and Math. Sandra serves on the Veritas Board of Directors.

CATEGORY: Americana COURSE # CEVE 005-ON3

FORMAT: ZOOM

MEETS: 6 Mondays / 3:00 - 4:15 p.m.

September 30 - November 4

Americana

US SUPREME COURT 2023-2024

The Court's 2023-2024 session was, to say the least, "eventful." Cases include the death penalty, First Amendment challenges, limitations on federal agencies, the "January 6th" issues, and clarifications on Presidential immunity. The class will discuss the decisions in depth with historical perspectives and explore potential future impacts. Avoided will be the usual media distortions and biases.

PRESENTER: Mike Williams, M.A., J.D., is a Veritas Society Lifetime member and frequent presenter.

CATEGORY: Americana COURSE # CEVE 005 - ON4

FORMAT: ZOOM

MEETS: 6 Mondays / 4:30 - 5:45 p.m.

September 30 - November 4

THE CIVIL WAR IN KENTUCKY

This course will use short lectures and class discussions of primary sources to examine the Civil War in Kentucky. As a border state, Kentucky does not fit comfortably into the standard North/South narrative of the Civil War. We will look at the reasons for this as we trace the history of the Civil War in the state from the run-up through the end of the war and the cultural conflict over its meaning.

Readings will be provided by presenter.

PRESENTER: Brad Asher, Ph.D, is a historian and author of three books on Kentucky history. He has previously presented Veritas courses on Wendell Berry, Indians of the Pacific Northwest, and the Black Patch War, among others.

CATEGORY: Americana COURSE # CEVE 005 - 05 FORMAT: IN-PERSON LOCATION: BU CAMPUS

MEETS: 6 Thursdays / 6:00 - 7:15 p.m.

October 3 - November 7

THE MOST SEGREGATED HOUR

"It is appalling that the most segregated hour of Christian America is eleven o'clock on Sunday morning."

Various versions of this quote have been attributed to Dr. Martin Luther King Jr. His feelings on this matter are indeed well-documented and, decades after his death, the situation may have evolved... even if much remains the same in many areas of the US.

Additionally, there are those who state that any progress has, at least for the moment, become derailed due to our nation's increasingly troubling ethnic and racial tensions.

This seminar will examine the perhaps now widening chasm between black and white cultures in America through a study of differences in very specific aspects (i.e., the history, the politics, and the socio-cultural impact) of the institutions that form the opposite poles of King's "most segregated hour": "The Black Church" and "The White Church."

Depending on the direction of the conversations, links will be provided for SUGGESTED items (including, but not limited to): recorded church services (excerpts and/or complete), historical documents, movie/television clips, musical selections, online discussions of church issues, online discussions of political issues.

PRESENTER: Dr. Alexander T. Simpson Jr., Bellarmine University Professor Emeritus, received degrees from Dartmouth College, Converse University, and UK. Simpson just completed his 36th year as Choral Director at the Kentucky Governor's School for the Arts, and is the founder and Artist Director of the Black Classical Artists of Louisville.

CATEGORY: Americana COURSE # CEVE 005 - 06 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Tuesdays / 4:30 - 5:45 p.m.

October 1 - November 5

Americana

TOURING LOUISVILLE'S OLMSTED PARKS

Louisville is home to one of Frederick Law Olmsted's greatest legacies: 17 parks and parkways in one city. In this class, we will delve into Olmsted's philosophy and design work, as well as examining how the initial plan for three parks became what it is today. We will meet first on Zoom for one session for an overview. Then, for the following four weeks we will meet in Cherokee (twice), Shelby and Iroquois Parks for tours that will be approximately 1.25 miles long. Our last week is reserved for a rain day rescheduling or - if lucky - a bonus tour. Specific meeting places will be provided to registrants.

PRESENTER: Denise Davis is an expert park tour guide. While living in Manhattan, Denise was certified by the Central Park Conservancy as a tour guide. Upon her return to Louisville, she delved into the history of our park system to create tours for Olmsted Park Conservancy.

CATEGORY: Americana COURSE # CEVE 005-07 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Wednesdays / 10:00 - 11:15 a.m.

October 2 - November 6

LOUISVILLE: A CENTURY AGO

In this course, we will focus on six aspects of life during late fall of 1924 and most of 1925. Class topics will include but not be limited to: The World at Large during Interwar Years & Louisville's Biggest Headline News, Louisville Businesses, Louisville Expansion and Architecture, Louisville Political Trends & Platforms, Louisville Culture & Fashion, Louisville Education & Edification.

The class will be use resources from UL Digital Archives, The Courier-Journal Historical Database, Kentucky Historical Association, The Filson Society and several local museums. David Morgan, Metro Louisville Archivist, will be a guest speaker.

Readings will be sent to participants.

PRESENTER: Susan Irving, M.S.L.S., has been a professional librarian for 40 years. Susan is returning as a Presenter and joined Veritas in 2013.

CATEGORY: Americana

COURSE # CEVE 005 - 08 & ON8

FORMAT: HYBRID LOCATION: BU Campus

MEETS: 6 Wednesdays / 6:00 - 7:15 p.m.

October 2 - November 6

Applied Knowledge

ACTIVE KNIGHTS EXERCISE PROGRAM

Increase physical activity, improve your overall well-being, and form connections with the new Active Knights Exercise Program. Bellarmine University's Exercise Is Medicine On Campus program works to promote a culture of physical activity and wellness across campus. In consideration of this effort and in alignment with the university's mission, vision, and values, Campus Recreation and Wellness are partnering with Exercise Science in the School of Movement & Rehabilitation Sciences to provide the ACTIVE Knights Program.

The Veritas Active Knights Group will be assigned an ACTIVE Knights Mentor, a senior-level exercise science student completing their academic internship.

Each week a different activity will be explored - walking, pickleball, how to use the machines. The full schedule will be sent to those who register in the confirmation email the week before.

CATEGORY: Applied Knowledge COURSE # CEVE 006 - 01 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 6 Tuesdays / 10:00 - 11:15 AM

October 1 - November 5

Applied Knowledge

IMPACT OF HEARING LOSS

One in three adults age 65-74 will have a hearing loss. According to the National Institutes of Health, hearing loss ranks as the third most common health issue in the country, behind heart disease and arthritis.

In this 3-week course, three organizations will educate us on the barriers faced by the deaf and hard of hearing and how to cope:

- Hearing Loss Facts, Statistics, Accommodation, and Advocacy with the Kentucky Commission on the Deaf and Hard of Hearing
- Improving Communication with Kentuckiana Chapter of the Hearing Loss Association of America
- •Research and Education at the Heuser Hearing Institute

This class helps those with hearing loss and is also valuable for hearing partners.

CATEGORY: Applied Knowledge COURSE # CEVE 006 - 02 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 3 Wednesdays / 10:00 - 11:15 AM

October 2 - 16

Please note: This is a three-week course.

NUTRITION AND COGNITION

By now, everyone knows that puzzles and games like Wordle and Crosswords that keep your brain active can help ward off dementia. But did you know that recent studies in the field of nutrition reveal that certain foods and nutrients also impact brain health? Most of these foods are not "exotic," but perhaps you have not yet tried to incorporate them into your normal diet.

In this 3-week course, we will discuss this dietary research and which foods benefit—or do not benefit—our brain's function. There are no guarantees, but let's try to keep as many of our brain cells active as long as we can.

Presenter: Marilyn Schorin, Ph.D., is a Veritas Lifetime Member, a member of the Veritas Board of Directors, and frequent presenter. She has a PhD in nutritional biochemistry from Columbia University and has been a Veritas member since 2007.

CATEGORY: Applied Knowledge COURSE # CEVE 006 - 03 FORMAT: ZOOM

MEETS: 3 Wednesdays / 10:00 - 11:15 AM

October 23 - November 6

Please note: This is a three-week course.

PHYSICAL THERAPY'S IMPACT ON HEALTH AND WELLNESS FOR THE AGING ADULT

Bellarmine's Physical Therapy department will provide speakers for three weeks of topics related to how physical therapy impacts the aging adults:

- Exercise Programs for the Aging Adult
- •The Mysteries of Bowel and Bladder Control
- •The Thrive Center & Bellarmine's Partnership on Physical Therapy Research Projects

CATEGORY: Applied Knowledge COURSE # CEVE 006 - 04 FORMAT: IN-PERSON LOCATION: BU Campus

MEETS: 3 Thursdays / 10:00 - 11:15 AM

October 3 - 17

Please note: This is a three-week course.

PRACTICAL SELF-DEFENSE

Become empowered and equipped with practical techniques for aging adults to enhance personal safety and confidence. Through hands-on activities and lecture, you will learn easy to remember moves and skills for situational awareness to promote safety and peace of mind.

Presenter: Greg Gitschier was a proud member of the Secret Service for over 21 years. He was ordained a Deacon in 2010 and now serves as the Louisville Police Department Chaplain and a Deacon at St. Patrick. Greg previously was a Lunch & Learn speaker for Veritas regarding his book *Sneakin' Deacon: From Secret Service to Sacred Service*.

CATEGORY: Applied Knowledge COURSE # CEVE 006 - 05 FORMAT: IN-PERSON LOCATION: BU Campus MEETS: 3 Thursdays / 10:00 - 11:15 AM

October 24 - November 7

Please note: This is a three-week course.

Applied Knowledge

LUNCH AND LEARN SERIES

Lunch and Learn Presentations will begin at 10:30 am in the George Brown Center, Clayton Hall, room 234. Following the presentation, lunch will be served downstairs in the University Dining Hall (UDH), which offers all-you-care-to-eat restaurant quality food from the steam table, grill, salad bar, sandwich station, drinks, dessert, and more. Tickets for lunch will be given out by the L&L coordinators in the classroom.

Lunch & Learns are paid for individually during registration at a cost of \$12 per session, which includes the presentation and lunch.

FRIDAY, October 4

"Keeping Your Water Flowing" – Barbara Crow, Community Relations Specialist, Louisville Water Company

FRIDAY, October 11

"The History of the Kentucky Derby in Ten Objects." - Jessica Whitehead, Curator of Collections, Kentucky Derby Museum

FRIDAY, October 18

"(Tentative) Election Year Update" - Morgan McGarvey, Congressman

FRIDAY, October 25

"Passionate About Conservation" - Kristin Faurest, President & CEO, River Fields

FRIDAY, November 1

"The Play's the Thing: Growing Kentucky Shakespeare" - Matt Wallace, Producing Artistic Director, Kentucky Shakespeare

FRIDAY, November 8

"Louisville Parks' Recent Successes" - Brooke Pardue, President & CEO, Parks Alliance of Louisville

ORGANIZERS: Bud Spalding and Jonathan Smith are the co-chairs of the Lunch & Learn committee. J. B. (Bud) Spalding, Ph.D., Professor Emeritus, Bellarmine University, is a Veritas Society Lifetime member and frequent presenter. Bud is the Secretary of the Veritas Board of Directors. Jonathan Smith, Emeritus Professor of English at Hanover College, has been a Veritas member since 2017, serves on the Veritas Board of Directors, is a frequent leader of Veritas Discussion Groups, and is the Chair and Editor of the Veritas Voice newsletter.

CATEGORY: Lunch & Learn COURSE # CEVE 010 FORMAT: IN-PERSON